

I.V. (Intravenous) or Oral Conscious Sedation

If you are having I.V. (Intravenous) or Oral Conscious Sedation:

1. To reduce the chances of nausea, **do not** eat or drink anything (including water) for *at least six hours prior to your appointment*.

- If your appointment is in the morning, do not eat or drink anything between bedtime and your scheduled appointment.
- If your appointment is in the afternoon, a small piece of toast is allowed BEFORE 7:00 AM that morning.
- Unless specified by your dentist, all medicines taken on a routine basis should be continued without interruption. Please swallow with a minimal amount of water.

2. A responsible adult, over 18 years of age, should accompany you to the office and is encouraged to remain in the office for your procedure. Following the sedation, this responsible adult should be physically capable of assisting and accompanying you home and should remain with you for the next 24 hours.

3. If receiving intravenous or oral sedation, you should wear clothing, which is not restricting to the neck or arms. You should wear loose-fitting tops on which the sleeves can be rolled up to the shoulder. Also, please be sure to wear shoes that are securely fastened; no flip-flops or loose-fitting sandals, please. It is also recommended to refrain from wearing jewelry.

4. Following the sedation, you should refrain from driving an automobile or engaging in any activity that requires alertness for the next 24 hours.

5. There are important differences between general anesthesia (being completely asleep) and I.V. or Oral Conscious Sedation. If you have any questions about the I.V. or Oral Conscious Sedation process, please feel free to contact our office @ 713-668-7137 prior to the procedure.