

**Post Operative Instruction for Provisional (Temporary) Crown
Dr. Frazar**

- 1.0 One or more of your teeth were prepared for a crown/crowns, all porcelain restorations, or a fixed bridge today
- 2.0 It is very important that the provisional crown or crowns stay intact protecting the teeth
- 2.1 If the provisional comes off or becomes loose you will need to call the office for an appointment to have it re-cemented.
- 3.0 You may experience sensitivity to temperature changes, this is normal. If the sensitivity is extreme, please call the office
- 4.0 When flossing teeth with provisionals – Pull floss through the contact in between the teeth and pull the floss through the teeth. Do not pull the floss up. This might loosen or take off the provisional.
- 5.0 Gentle brushing of this area is recommended
- 6.0 Please **avoid** these foods:

| | |
|----------------|------------------------------------------|
| caramel | nuts of any kind |
| pizza | tortilla chips |
| carrots | hard candy/chewing gum |
| celery | hard or crunchy foods of any kind |
- 7.0 Please refrain from chewing ice
- 8.0 If you have provisionals placed on your anterior (front) teeth, either upper or lower, please refrain from using them to bite anything
- 8.1 Please **avoid** these items in addition to the foods listed above:

| | |
|-------------------|------------------------|
| sandwiches | apples |
| tacos | corn on the cob |

If you are having sensitivity one day past the day of your procedure, you must call the office. If you have any additional questions, please call the office at 713-668-7137.